# Charlotte High School Swimming & Diving 2019



#### Rules:

- 1. FHSAA will be followed. Any infraction against those rules will be handled according to FHSAA guidelines and CHS guidelines. Also, athletes who break FHSAA rules will jeopardize their opportunity to letter, earn a major award, or earn a berth on the championship team (districts, regions, state).
- 2. Charlotte County Public Schools Code of Student Conduct will be followed. The school and coaches will deal with any infractions.
- 3. We will travel to and return from meets as a team. If there is a need to travel home with a parent, it must be approved by the coach and athletic director prior to the event. If approved, parents may take <u>only their own child</u> home from a meet.
- 4. All parents must remain in the parent section during practice and competition. If a parent is in an athletes /coaches area without permission, the athlete will be removed from practice or the competition.
- 5. No mood altering substances are allowed.
- 6. All athletes must attend school and demonstrate being an appropriate role model as well as working hard towards achieving good grades.
- 7. Any athlete that is skipping and or having chronic absenteeism from classes will be removed from the next competition and/or the team.
- 8. Any athlete that misses the day of school or practice prior to a competition due to illness or injury will be evaluated by coaching staff if eligible to participate in the competition.
- 9. Must have a 2.00 or above grade point average to participate.
- 10. Athletes that behave inappropriately will be suspended from all team activities indefinitely until resolved.

#### Attendance:

- 1. Attendance at all practices (on time) is required.
- 2. In case of illness, please contact a coach that evening, or prior if possible. Parent note or Doctor's note must accompany you on return to practice.
- Unexcused absences will effect participation in competitions, lettering, and awards.
- 4. Chronic absenteeism will result in removal from the team.
- 5. Following all doctor, clinic, or other appointments, athletes must have a note on return to practice.
- 6. If there is a need to miss practice for a medical appointments, family event (wedding/funerals), and/or a swimming event you need to fill out the permission to be excused form **prior the date**.
- 7. No last minute text messages for non-approved absences.

# Earning a Varsity Letter:

Place in the top 16 at Districts meet.

### Making the District Team:

- 1. Varsity level (Coach's Decision) automatically earns a berth on the district team.
- 2. Participated at all scheduled practices.
- 3. Hard work and good attitude.

#### Making the Region Team:

Top two finishers from the District Meet gets automatic bid to Regions. At-large bids from the remaining top Sixteen district meet finishers to make 24 entrants in each event at regions fulfill the rest of the Region Team.

### Making the State Team:

Qualifying at region meet by placing first or getting an at large bid from a top Sixteen finishers at the Region Meet.

# Relays:

Relays will be a coach's decision and may change from district to regions and then to state.